**SPILLING THE TEA**

ON EACH OF THE EDITORS

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**WHY YOU SHOULD STOP READING THE NEWS**

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Hey Spartans,

As your Arts & Entertainment editors, we want to wish everyone a happy April! This month’s edition is a full issue of satire pieces. We do have real articles on our website though, so don’t forget to check out www.jmmswordandshield.com!

Spring is here! We have longer days, spring sports, and warmer weather. Just two more months until summer vacation - we can do it! There’s a lot going on at school during these last few months: sports, Prom, AP tests, finals....but don’t worry! We’re here to keep you notified on everything going on at school and outside. Speaking Arts and Entertainment...there are a bunch of new movies, albums, and other media coming out soon, make sure to check them out! April is a reminder that sometimes, laying back and having a fun time is better than stressing out and being frustrated. Keep going, we’re almost there!

Jassi Chahal + Claire Reid
Arts & Entertainment Editors
What’s happening THIS MONTH at JMM?

April 2019

1  April Fish!
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7  SPIRIT WEEK!
8  Bring a Rock to School
9  Give Lily $5 Day
10 International Day of Silly Walks
11 School-wide Nap Time
12 Stop Being Annoying Day
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15 Recorder Choir Concert @ 8:30
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20 ḡṣafkasfṣal i give up
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27 Pre-Finals Break
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This calendar is fake! Visit www.jmmswordandshield.com for the real one.
This is fake news. For this month’s real news, visit www.jmmswordandshield.com

SWORD & SHIELD’S SECRET TEA

By Maggie Di Sanza
This is a satire article.

Co-Editor in Chief Garrett Kennedy: Some have reported that Garrett only turns in two articles per issue to the Sword and Shield. In fact, it is said that he did not contribute to any of the content in the February or March issue! The ones he does submit are often turned in late, without titles, and not in the proper format.

News Editor Leah Vredenbregt: It has been rumored that Leah uses exclusively MSNBC and FOX News to fact check her sources. These politically shallow sources are directly influencing the Sword and Shield’s News!

Sports Editor Kari Larsen: Our sources have made it clear to us that Kari does not properly link her photos when laying out the paper in Adobe InDesign. This has brought complete and utter distress to our Layout Editor Lily Lowndes, and our Co-Editors in Chief (Beatrice and Garrett).

Student Life Editor Deney Li: A recent source disclosed that Deney has reviewed the JMM Plays and Musicals without having seen the shows. From the Fall Play to the Winter Musical, Deney has convinced the entire student body that she is a legitimate source!

Operations Manager Davis Hardy: Many Editors on the Sword and Shield team have complained about the fact that Davis never turns in the cover page drawing on time. In fact, it was said that he worked on it during layout!

Arts and Entertainment Editor Jassi Chahal: An administrator at JMM who chooses to remain anonymous reputed that Jassi has reviewed movies without giving a spoiler warning at the beginning of the article! Innocent movie-watchers have been terrorised by her careless actions.

Co-Editor in Chief Beatrice Naujalyte: Our sources did not have any tea on Beatrice, other than the fact that she is killing the game. Like honestly, how can someone be so good at life?!

Sports Editor Rahima Osman: Many have reported that Rahima knows little about sports, and contributes the least to the Sports Section despite being one of the two sports editors. A few sources have questioned her participation in the Memorial athletic department!

Opinions Editor Maggie Di Sanza: A fellow Editor has disclosed that Maggie writes articles far over the word limit. For an article she wrote in the News Section in November, the paper was forced to print an extra three pages because of her inability to write in a concise manner!

Arts and Entertainment Editor Claire Reid: It was recently made known to the journalists at the Sword and Shield that Claire has been accused of making up the Horoscopes for the Arts and Entertainment Section. That’s right! Each horoscope that Claire has written has been based on no astrological facts whatsoever!

Layout Editor Lily Lowndes: Lily has been accused of not attending planning meetings, and skipping all of the Sword and Shield layouts! She must have something up her sleeve!

Copy Editor Shruti Sathish: A few sources have reported that Shruti leaves all sorts of grammatical errors in the paper. Some have reported that she allows for comma splices, inaccurate semicolon usage, and even uncapitalized proper nouns!

Student Life Editor Amisha Talati: An anonymous student at Memorial has divulged that Amisha has not used the proper font when laying out the paper. Instead of Crimson text she has used Montserrat Italic!
SENIOR ADVICE COLUMN

*By Kari Larsen*

*This is a satire article.*

What are some ways I can develop good relationships with my teachers?

Getting to know your teachers is very important for succeeding in high school. Through the years, we’ve picked up some great tips. First off, if you have a question, don’t bother raising your hand. Ask it, even if the teacher is talking. After all, your learning experience comes first, and the teacher will love how assertive you are. Secondly, since you’ll want to talk to your teachers often to get help, make sure you establish a first-name (or even nickname) basis with them. So long to the “Mrs.” or “Mr”. It’s “homie”, “girl”, or my personal favorite, “Diggity Dog”. They’ll appreciate you going out of your way to make a special name for them, and will likely help you more than the other students. Lastly, if they have any rules in the class, forget them. Teachers only make rules because they’re meant to be broken. If there’s a no food rule, order a KFC feast for the entire class. If there’s a no phone rule, be sure to have your phone visibly out, with your music blasting. The teacher will be proud that you were clever enough to figure out that their rules were just there for humor!

Has it been hard to stay motivated since you’re a second semester senior?

Not at all! Us seniors here at the Sword & Shield have been working hard. Let’s take you through a typical day of one of our editors:

10am - Wake up
11am - Get out of bed
11:30am - Order a large pizza
12pm - Pick up the large pizza and drive very slowly to school
12:30pm - Ask morning teachers what you missed, but don’t actually make up any of the work
1pm - Skip 5th hour to share the pizza with friends
2pm-3:45pm - Attend the last two classes of the day just to say you did
4pm - Tell coach your body hurts and you can’t practice
5pm - Go home, leave backpack in your car, and sleep
REPEAT

As you can see, from ordering pizza to driving all the way to school and back, AND talking to coaches and teachers, we are continuing to follow the Memorial Way all the way until graduation!

LUXURIOUS SUSHI RECIPE

*By Leah Vredenbregt*

*This is a satire article.*

Even though money can’t buy happiness, it can certainly buy literally anything else you could want. But, the question remains, how does one become rich? Well, if you make this “Rich Man’s Salad” and eat it once a day for the next month, you will become rich, too.

**INGREDIENTS:**
-1 oz. fresh caviar
-80 gold flakes
-½ cup of cheese, made using the milk from your flock of sheep you keep at your summer cabin in the Catskills
-12 pieces of sushi, obviously made by your private chef
-1 hard boiled egg, again, from your summer cabin at the Catskills

**INSTRUCTIONS:**
1. Combine the caviar, gold flakes, cheese, and egg in a shallow bowl that you got on your life changing 3 month trip to India
2. Garnish with the fresh sushi rolls
3. Invite your good friend Oprah over
4. Enjoy!
BATHROOM REMODEL
By Jassi Chahal
This is a satire article.

Sick of our dirty, icky, bathrooms? Tired of holding it all in until you go out for lunch, or even get home? Only one sink where there are clearly supposed to be two? What about walking into a stall, only to find the entire floor covered in (mystery) liquid? Well, folks those days are over! This summer, the remodeling of all of our school bathrooms will finally begin. It’s about….50 years overdue. Construction workers will demolish our old bathrooms and replace them with brand new ones that are suited for the rich! We are a public school, and we deserve the best of the best, right?

The construction workers will replace our boring, filthy, tiled floor with smooth stone, just like the floor they have at Olive Garden. Each and every single one of the bathrooms will be expanded, so that you don’t wipe your hiney on the stall door on your way out! We’re all sick of the dirty toilets, too, and they’ll be getting replaced with golden seats! Because you know, why not go all out? After this, we probably won’t see another upgrade until 2089.

We all know that one bathroom that’s supposed to have two sinks. (WAIT—each bathroom is supposed to have two? We’ve been ripped off!) Whether it’s the upstairs girls bathroom or the downstairs boys bathroom, it’s time for all bathrooms to have an equal amount of sinks. But, since we have so much money (public schools, am I right?) we will replace ALL of the sinks with brand new top of the line appliances! They will have all the knobs in the right places, and faucets that don’t spill water everywhere. Doesn’t that sound amazing?

And finally, who could forget about all those incidents, so scarring they are, where there was no TOILET PAPER left in your stall? What are you supposed to do? Never fear! Those boring, black, toilet paper dispensers will be replaced with automatic toilet paper dispensers! Wave your hand when you need some and boom! Toilet paper at your service! It’s also a great way not to waste toilet paper that you don’t end up using. Who likes seeing it all over the floors anyway?

And the final renovation will be on the vents! That way, when naughty students are doing things they shouldn’t be doing with substances they shouldn’t have, the entire school doesn’t have to know, and the janitors don’t have to shut down a bathroom for an entire week! Convenient for everyone, I may say. I don’t know about you, but I’m super pumped for these renovations!

ETHICAL TREATMENT OF HOUSEFLIES CLUB UPDATE
By Maggie Di Sanza
This is a satire article.

JMM’s Club for the Ethical Treatment of Houseflies has been up to a great deal recently! If you have been living under a rock and didn’t get a chance to check out all of their awesome work, here’s what you missed:

For one, they had one of the largest-scale fundraisers in JMM History on April 1st. Creatively titled, the fundraiser was called Funny Fly Fundraiser where they sold heart-shaped lockets with the portrait of an oppressed house-fly in the center. They raised over a thousand dollars in funds after virtually every student and staff at Memorial sported a necklace to raise awareness for the cruel treatment of houseflies. The Sword and Shield was able to interview some of the students who purchased said necklaces, and they had nothing but praise for the ETH Club! “What wonderful work they are doing!” “Nothing but the best for our house flies!” and “It warms my heart to see students taking action in their communities!” were just a few of the words that were exchanged. All of the proceeds from this fundraiser are going to be donated to the Housefly Rights Corporation stationed in Madison, Wisconsin. Thanks to everyone for the success of that fundraiser!

The club has also been working on an advisory presentation to the freshmen class of 2022. All throughout April, The Ethical Treatment of Houseflies Club will be visiting freshman English classes to inform the youngest students at Memorial about the importance of respecting houseflies. All of the English teachers are excited for this venture, and we look forward to seeing what they come up with.

Furthermore, ETH Club will be screening the moving ‘A Bug’s Life’ this April 22nd in room 1,000,001 during lunch! You should definitely stop by to get a better insight on insect rights!

Hope you all have a great April and don’t forget to attend Ethical Treatment of Houseflies Club!
HOW TO PREPARE FOR AP EXAMS

By Joylyn Gong
This is a satire article.

Ah yes, AP exam season, when over three million people across the nation pivot their focus to exceeding their expectations for their May assessments. There’s a possibility that you, the reader, will be taking one or more this following month! Not sure how to thoroughly prepare? Don’t worry - this article is here to provide you with four exceptional tips for you to get ready!

1) Make sure you get NO sleep on the day prior to your exam.
This may be new information to you, but sleep can in fact erase all of your memory! If you’ve been strenuously preparing, the last thing you would want to obstruct your success of getting a high score of 1 on the exam is for sleep to instantly make all of your knowledge disappear. Pull an all-nighter and walk into the exam room with your brain feeling as if it’s capable of the impossible.

2) DON’T eat anything for breakfast on the morning of your exam.
Pretty self-explanatory, right? Based on the laws of physics, food would inevitably travel up towards your brain and suddenly halt the ability for you to think and perform well! You would be insane to think that breakfast would help. Cellular respiration? Glucose from food being stored in your body and breaking down to provide you energy? What a bunch of baloney! Enter the exam without a grain of food in your system. You don’t want what you ate for breakfast to be the only thing you’re thinking of when reading those questions!

3) Buy review books, but DON’T look at them.
Go to your local Barnes & Nobles & purchase a couple of AP exam review books, such as Barron’s and the Princeton Review. They’re great books to study from that consist of rich review content that you learned from class. But wait, did you really think that you were going to do the problems in the book? Nope, all you have to do is grip the sides of the book, close your eyes and ~all~ of the information will be transferred to your brain. Never heard of this technique? Well, now you have! Don’t bother to do any of the problems, as you will be drained to the core.

4) Throw away ALL of your class material.
Due to the fast pace of all AP classes, a never ending amount of handouts will be distributed out to you. By the time it’s near AP exam season, a pile of sheets will be stacked on your desk full of problems of every chapter you covered. It’s a waste of space that will deter you from reviewing for the exams. To solve this problem, just pick up the nearest recycling bin and toss them in there!

Now that you have read the complete guide to succeeding on your AP exams, you are set on the path to reaching that outstanding 1!

Want actual tips and tricks to better your life?
VISIT JMMSWORDANDSHIELD.COM
for real study advice + other great content!
How to
Highschool!

How to draw a bunny!

Step 1: Draw a circle!

Step 2: Add some details!

There you have it! Have fun drawing!

Natalie
April 1st
HR 2
This is fake news. For this month’s real news, visit www.jmmswordandshield.com

HOW TO BE PRODUCTIVE IN SCHOOL
This is a satire article.
By Jessica Jiang

Have you ever experienced the dread of studying for a math test, realizing that you have no clue what the jeepers your notes mean? Or maybe you have felt the weight of the world crashing down when you figured out that the history final was tomorrow?

Well, if this is you, look no further! Here are 8 great tips for being productive during class and study sessions so that you do not completely bomb your tests and send your grades spiralling into oblivion. After all, no one wants a repeat of the Chapter 10 MathChem test....

Do not take notes. Notes just become a confusing mess. Although you have been taught to actively take good notes in class, this is a counterproductive idea. After all, you cannot be confused when studying if you have nothing to be confused about!

Stop doing homework. It is merely a torture mechanism employed by teachers to keep students from sleeping. What is the point of doing math problems, just to forget them the next day?

Study somewhere with distractions. It is vital to choose a good study space. Pick somewhere you will be easily distracted in, such as the mall, the dog park with adorable creatures that want to lick your hand, or your comfy bed. With all those distractions around you, you learn to control the urges to stop studying.

Keep electronics near. Send snaps. Binge The Office on your TV. Watch videos from your favorite YouTuber. Electronics provide entertainment so that you have motivation to study. Staring at a blank notebook is boring, so use those electronics to spice up your study sessions!

Blast music. It is no secret that listening to music can help studying immensely, and the more, the merrier, right? So turn your speakers up to at least 1000 decibels to accelerate studying productivity. Beethoven’s 5th Symphony will surely do the trick; and if you are lucky, you can become deaf just like the genius Beethoven himself!

Cram the night before. Rather than forget what you reviewed three days ago, study it all at once! It ensures that you pick up all of the content. Learning the night before actually helps you remember all the material since the test is just the next day, leaving no time for forgetting.

Do not plan out your study sessions. Planning your study sessions just burdens you to follow through with them, and extra stress is never a good thing! You achieve more when motivated, so instead of chasing studying motivation, let the studying motivation come to you.

Stop asking for help. If you are stuck on a problem or cannot grasp a concept, do not ask your teachers or friends for help. It is much more effective to figure it out yourself, because you will remember it quicker in the future...if you ever are able to figure it out, that is.

With these tips in mind, you will surely succeed in all of the classes you are taking. Give them a go, and see for yourself the effectiveness of inactive work, loud distractions, and poor planning!
The beloved marshmallow chicks that are hitting store shelves may be hiding a dark and painful past under that bright and cheerful coating of Yellow #5.

Since March, a group of undercover activists under the animal rights organization PETA (Peep Education for Tasteless Americans) has been capturing a wealth of incriminating footage from the Just Born company’s primary Peep factory in Bethlehem, PA.

The candy company has been raising Peeps since 1953, but a shroud of secrecy has since enveloped the history of the producer of classic favorites like Mike and Ike and Hot Tamales.

According to their website, the company “unfortunately” does not offer tours of their Peeps plants but ensures quality standards in the hatching and care of every one of their fluffy chicks. This may have been true in the days when the Peeps were raised by hand (bottle-fed and cuddled by plant personnel until the day they were old enough to be shipped to one of many distributors).

With the new video evidence, however, it has become clear that the advent of modern assembly line-style technology has removed all semblance of compassion from the company’s methods. The appalling iPhone footage reveals Peeps being thrown in the trash for the tiniest of defects - an eye that is slightly askew, an uneven sugar coating, or a lopsided head. Additionally, the Peeps were found to be trapped in dark storage rooms for up to 48 hours at a time, seeing no hint of light until they were to be loaded onto a shipping truck.

So far, four workers have been convicted of Peep cruelty and management claims they were unaware of the abuse happening on their own factory floor. They state that all employees are subjected to a rigorous 6-month training on the gentle and loving handling of Peeps prior to beginning their jobs.

It is unclear what sort of a future this spells for the already controversial Peeps brand. We all remember the 2017 Twitter war that was sparked when someone innocently suggested using a Peep in place of a marshmallow when making s’mores. One can only guess at what sort of apocalypse may follow this shocking news.
FOUR YEARS OF NO REASON TO NOT GET MARRIED

By Leah Vredenbregt
This is a satire article.

On July 9, 2019, the nation will be celebrating the four year anniversary of the Supreme Court ruling that everyone has a right to marry who they love. This, however, caused problems for both straight and gay couples who thought they would never have to tie the knot.

Four years ago, local straight man Joe Marten was thrilled to hear about marriage equality on June 26, 2015. However, then came the realization his lame excuse for not marrying the “love of his life”, Eliza Dot, would fall apart.

“I had told her ‘babe, we can’t get married until EVERYONE can get married.’ I remember the call from her that night and how excited she was, and I tried to think of another good reason, but no excuse could ever be as good as ‘LGBTQ people deserve to get married too’” Marten painfully recalled. Since he no longer could think of a good excuse to not get married, Marten and Dot tied the knot on November 9th, 2015.

“I mean, I guess they’re happy” a source close to the couple revealed after watching them struggle through four years of marriage.

Similarly, local gay man James Hart found himself with no choice but to marry longtime beau Sam Flan- der once the Supreme Court voted for gay people to have marriage equality.

“I was never worried about having to commit because I thought surely lawmakers would be homophobic enough… sadly I was wrong” Hart lamented. Hart and Flander made it official one day later, on June 27, 2015 at city hall. “I never thought I would be happy doing something that is typically done by straight people, but I was wrong” reports Hart just a couple days before celebrating his four year wedding anniversary.

If you are in need of a good reason to put off mar- riage because you feel the need to lead on an emo- tionally vulnerable partner, a solid excuse is “wanting to wait until gender equality”. We are centuries away from that.

DISCOVERING GREATNESS ON NEW AMERICA

By Amira Pierotti
This is a satire article.

Last Friday, the world heard two shocking piec- es of news about the cosmos and humanity’s place in the universe. Firstly, scientists at NASA dis- covered a habitable planet beyond the Kuiper Belt which has fresh water in its liquid state. Secondly, President Trump’s Space Force was completed and its first mission is to this new planet.

When NASA posted its research online, it failed to notice that the title of the planet “NEU AM-3RQA” was autocorrected to “New America.” The name caught on quickly and President Trump was very excited to have an entire planet to make great again. The Space Force fleet launched just minutes ago with President Trump himself on Space Force One. NASA scientists are accompa- nying Trump to conduct research both about this new form of space travel and New America.

NEW MEXICAN DIRT $5 / BAG!

By Garrett Kennedy
This is a satire article.

Are you a blue blooded liberal looking for a little R&R in these trying times? Maybe the usual sustainably-sourced face mask with “fair trade” “heart healthy” dark chocolates from Trader Joes just aren’t enough of a Treat for yourself? Well down in New Mexico we have the answer! Introducing our new all natural, gluten free, single ingredient, magically rejuvenating New Mexican Dirt! Our company only employs undocumented, American, black, hispanic, latinx, trans, gay, impoverished women, so rest assured, your snack is in the most politically correct hands.

Our Dirt slides down even the most sensitive of throats, to keep your mind and body running smoothly. Our product has been endorsed by democratic champion Beto O’Rourke, who visited our great state to revitalize after an unfair loss against Ted Cruz. He liked it so much he grabbed a second bag for his family! Buy your own today for $5 a bag - you deserve it! (PS - the electoral college is NO FAIR)
THE EARTH IS FLAT???
By Jessica Jiang
This is a satire article.

NASA has officially published a breaking news report on April 1, 2019. Through intense scientific research and study, they have come to the conclusion that the Earth is, indeed, flat.

Lead by their Head of the News Department, Elon Musk, NASA has done extensive fact-based research into the curvature, or lack thereof, of the Earth. Complex equations have been mine Earth’s flatness, including that of $\theta \neq \text{Fake}$, where $k$ is the constant of ignorance. Mr. Musket declares that “this equation was the vital, final step in determining the disk shape of the Earth. Here at NASA, we are certain that the human population across the globe will benefit from this newfound revelation.”

As further proof of the Earth’s flatness, Musk has taken the time to present photos taken off the Internet depicting the Earth as a disk. He discovered these phenomenally accurate pictures using high-tech equipment, such as a database searcher recently named the R2D2BB8. He reports that “these photos are untouched, unphotoshopped, and unfake because the Internet is 100% reliable.” There are plenty of accurate pictures taken of Earth that show the flatness of the world (see the link below for some of these discoveries). But what of the photos that show the Earth as being round?

“Those are simply fake, and obviously government propaganda,” Muskrat explains in a bold statement. “The only inaccuracies of the web are in those treacherous pictures. They must be deleted off the face of the Earth!”

Finally, evidence for Earth’s flatness include the obvious and simple fact that people have been reported falling off the edge of the planet since the dawn of time. Mountaineers often cascade into abysses and crevices. But where do they go? Mr. Elongated Muskrat elaborates that “those sharp cliffs are the edges of the flat Earth, where people slip off and tumble into space. Plenty of Pokémon Go players have made the stupid mistake of walking off the edges of the planet, resulting in a headlong dive along the sharp, linear cliffs of Earth’s edges.”

Some people claim that extensive scientific and mathematical computations completely disprove the fact that the Earth is flat. But little do they know that math and science are actually fake news, conjured up by the government and aliens. “The reason for the unworldly IQs of prominent scientific and mathematical researchers is that they are otherworldly beings of round planets, disguised as humans,” explains Mr. Musk. “They have attempted numerous times in the past to convince people all around the globe that the Earth is round, when it was actually flat since its creation.”

Mr. Musk illustrates an important point. We must implement change so that schools teach the real science - or, truth rather, since science is fake - that the Earth is a disk, not a globe. Share this message around the world so that we can discover the reality behind the shape of our planet!

BOOK: WATCH OUT APPLE
By Megan Li
This is a satire article.

Rumor has it that a new technology is on the brink of changing the world. This device is portable, charger-free, and made of 100% recyclable material. It can be used for education as well as recreation—and it’s appropriate for any and all age groups. The friendly user-interface guarantees a short learning period, but most will intuitively understand how to navigate the device in no time at all. World leaders are lauding the potential of this invention to fundamentally change the world, for it can spread ideas, make education more accessible, and reduce the achievement gap between low and high income groups. Furthermore, it’s relatively cheap to produce, and many cities already offer free rentals. The name of this revolutionary technology? The Book.
**NO DAYLIGHT SAVINGS**  
*By Maggie Di Sanza*  
*This is a satire article.*

Daylight Savings Time (DST) was officially cancelled on Sunday, March 10th, after Congress decided it would be best for the nation. Daylight Savings is the practice of advancing clocks during the winter months, so that evening daylight lasts longer, while sacrificing normal sunrise times. Typically, regions that use daylight savings time adjust their clocks forward towards the start of spring.

Not this year! The United States has officially decided to stop partaking in Daylight Savings Time in an effort to cater to the needs of the American population.

They made this ruling with three justifications:

1. **Daylight Savings Time is detrimental to health.**

   Changing sleep patterns, even by one hour, against a person’s natural circadian rhythms has negative consequences for health. One study found that the risk of a heart attack increases by 800% the Monday and Tuesday following the spring time change. Researchers have even found an increase in headaches, asthma, idiocy, and ignorance among those who change their sleep patterns during daylight savings time. PhD James Wyatt, Associate Professor at Rush University Medical Center, explains that “We’re encountering an increase in extra auto and workplace accidents on Monday or perhaps even carrying through the first week of the Spring time shift.” In the weeks following the spring DST time shift, suicide rates rose by 40% in the United States!

2. **Daylight Savings Time drops productivity, and as a consequence, our economy.**

   The Monday after the spring time change is called ‘Sleepy Monday’ as it is one of the most sleep-deprived days of the year. There’s an increase in laziness among students and workers. Employees are 16 times more likely to arrive late to work, and people are 23 times more likely to remain in the house, leading to a decrease in our economy’s well being, the wellbeing of people, and mental health disorders.

3. **Daylight Savings Time is expensive.**

   William F. Shughart II, PhD, Economist at Utah State University, explains that the simple act of changing clocks costs Americans $1.7 billion in lost opportunity based on average hourly wages, meaning that the ten or so minutes spent moving clocks, watches and devices forward and backward could be spent on something more productive.

   No matter your stance on this new ruling, know not to turn your clock back this Summer!

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**WORLD WAR 3: WHAT HAPPENED & HOW WE MISSED IT**  
*By Daniel Wanak*  
*This is a satire article.*

Unfortunately, World War 3 already happened. The U.S. government hid it all. Let me run down what happened with you.

Today, our foreign policies have grown weak. They no longer work with the new and more hostile nations rising in our society. We know this due to the situations in the Middle East, Russia, and North Korea. However, none of those countries even exist anymore. Furthermore, here in America, the first amendment, containing the freedom of the press, was revoked. Our president was given emergency power, and he could have declared Martial law on the US as a whole, but what he would do could cost him severely.

So while the United States citizens relaxed and had a good time, what they didn’t know was that their own military was committing genocide in these countries, turning to our allies like Britain, France, Canada, and others for troops and resources.

Trump wanted to end this madness. Our nuclear weapons that we have been saving due to many arms races were to put into use and we bombed our enemies. There’s a reason why we have a travel ban in certain places; they don’t exist anymore. Kim Jong Un and Putin are simply political propaganda. We should not fall for the government’s tricks.

This information was sent to us by daring reporters who found a secret file named “Operation: Warfare”. Ever since, the President has denied any questions directing to this file. But he cannot undo what we have done.

We cannot just stand by. Our government has grown too corrupt. We must overthrow them and their terrible tactics! Take back our ideals before it’s taken from us! We are a republic, not a dictatorship! We are the people! This nation is for the people! Our country will lose its ideals and the things that make it special once our president declares martial law!
On Monday, April 1st, President Donald J. Trump was impeached, acting as the third president - alongside Andrew Johnson and Bill Clinton - to be removed by Congress. The most shocking aspect to this impeachment was not the act itself, but rather the reasoning for doing so. This time, Trump’s relations with Russia did not cause the controversy, nor did his love of Twitter; instead, it was his appreciation for fast food.

On January 14th, 2019, President Trump served fast food to the Clemson Tigers to celebrate their National Championship win. He made a promise that the victorious team would be served with a spread of 300 hamburgers, pizza, french fries, McNuggets, salads, and silver trays filled with nugget sauce. “I wanna see what we have when we leave, I don’t think there’s gonna be much,” Trump reported to NBC.

Trump paid for the meal out of his own pocket, as the government shutdown kept furloughed workers from preparing a meal. “The reason we did this is because of the shutdown,” Trump claimed. “We want to make sure everything is right, so we sent out and we got this.”

This was not the first time Trump has expressed his interest and love for fast food. When asked about his preference between McDonald’s and Wendy’s, Trump reported, “I like ‘em all. It’s American, I like it, its all American stuff, but it’s good stuff.”

In fact, long before he began a career in politics, Trump starred in a McDonald’s commercial. In the 2002 spot, Trump tells Grimace of his amazement over the $1 Big N’ Tasty. “I don’t know how you do it. I put together some really impressive deals. But this thing you pulled off … it’s amazing,” he says in the advertisement. “How do you do it? What’s your secret?”

It was only when Trump hit the campaign trail and eventually won the presidential election that his own eating habits became widely documented. A 2016 Daily Mail article noted that he bought Burger King for his private plane’s crew members “because it’s quick.” A Boston Herald reporter saw the same thing one year later, only this time it was McDonald’s with Trump eating a burger. Again in 2017, the Republican shared a smiling photo of him aboard a plane chowing down on a bucket of Kentucky Fried Chicken. Some reporters have even sighted that, “two Big Macs, two Fillet-O-Fish and a chocolate malted” was his typical dinner.

Apparently, Trump serving the winning Clemson team entirely fast food, was too much for Congress. “He has served his last fast food meal,” Alexandria Ocasio-Cortez told NBC.

On March 17th, the United States Senate decided unanimously that Trump’s unhealthy antics were harmful to those visiting the White House, and the entirety of the American population. He was charged with behavior grossly incompatible with the proper function and purpose of the office.
**ARTS & ENTERTAINMENT**

**QUICK MOVIE SUMMARIES**

*By Maggie Di Sanza and Beatrice Naujalyte*

*This is a satire article.*

Now that we are more than a quarter of the way through 2019, it’s time to catch up on some of the big movies you may have missed from the end of last year up to now. Make yourself a bowl of popcorn, choose a couple of titles from the list of movies we’ve kindly summarized for you in thirty-six words or less, and settle in for a movie night.

<table>
<thead>
<tr>
<th>The Favourite</th>
<th>A Star is Born</th>
</tr>
</thead>
<tbody>
<tr>
<td>A post-apocalyptic thriller in which millions of civilians, brainwashed by Marie Kondo’s minimalism techniques, have reduced their belongings down to only a singular item.</td>
<td>National Geographic’s first feature-length film of 2019 brings a tear to the eye, covering the birth of a star from the very first fusion reaction to its full-fledged burning glory.</td>
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<tr>
<th>Green Book</th>
<th>Five Feet Apart</th>
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<tbody>
<tr>
<td>A stay-at-home dad and passionate hobby gardener braves the brutalities of the publishing world as he struggles to release his first book.</td>
<td>Have you ever been in an awkward situation where you are conversing with a person who is way too close? Ever wanted to tell them to take five steps backwards? Learn how!</td>
</tr>
</tbody>
</table>

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<tr>
<th>Us</th>
<th>Call Me By Your Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>If you liked the first season of Netflix’s psychological thriller, You, you’ll like the movie sequel, Us, even better.</td>
<td>Young Arthur is struggling with a personality disorder, and feels the need to have others address him as a variety of names when speaking to him.</td>
</tr>
</tbody>
</table>

<table>
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<tr>
<th>The Room</th>
<th>TIC TAC TOE!</th>
</tr>
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<tbody>
<tr>
<td>House Hunters has evolved from a television series to a full length-film, where instead of searching for the perfect house, people on a budget scan through apartment buildings for the abode that they dislike the least.</td>
<td></td>
</tr>
</tbody>
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This is fake news. For this month’s real news, visit www.jmmswordandshield.com
HOROSCOPES
By Daniel Wanak
This is a satire edition of the horoscopes.

Libra (Sep 23-Oct 22):
Plan out your assignments on your school planner, or so they say. Remember, the teachers don’t rule over you, the stars do.

Scorpio (Oct 23-Nov 21):
The stars say that there is at least one person in this school you hate, but you shouldn’t do anything regardless.

Sagittarius (Nov 22-Dec 21):
You plan on eating dinner with your family today, as you would on any other day.

Capricorn (Dec 22-Jan 19):
You are a failure. Fortunately, you are not as much of a failure as everyone else around you. Continue what you’re doing.

Aquarius (Jan 20-Feb 18):
Plan on drinking some water today. Be aware of your amount of homework.

Pisces (Feb 19-March 20):
Today for lunch, you might bring an apple. Then you will go back to your schoolwork.

Aries (March 21-April 19):
You might take a hike with your family this weekend.

Taurus (April 20-May 20):
Today you will plan on getting up, doing a bunch of stuff, then going back to sleep.

Gemini (May 21-June 20):
Enjoy time with your friends today, and also eat a sandwich.

Cancer (June 21-July 22):
I love you. I am happy to wish you a happy spring.

Leo (July 23-Aug 22):
The stars predict...nothing. Therefore you MUST DO...nothing.

Virgo (Aug 23-Sep 22):
Enjoy your school day today, be aware of your current grades.
Open a Student Free Checking Account¹ and get $10² and a chance to win a new MacBook Pro or Microsoft Surface Book³ (your choice!)

Insured by NCUA

Offer valid until 6/14/2019. New members only. ¹Minimum to open a Student Free Checking is $25. Student Free Checking requires a primary savings account. Primary savings account: minimum to open is $5. Annual Percentage Yield (APY) as of 4/1/2019 is 0.10%. Rate may change at any time. Minimum to obtain APY is $25. ²$10 cash bonus will be deposited to your account at account opening. Cash bonuses are considered taxable income and are subject to a 1099 tax reporting. ³See SummitCreditUnion.com/Laptop for complete details. © Summit Credit Union 2019.
SPORTS

SPORTS MOMENTS THAT I WISH WERE FAKE

By Lily Lowndes

1) The Double Doink

It was the doink heard ’round the world. Cody Parkey, the former kicker for the Chicago Bears, has gone down in infamy. In the January 6th game against the Philadelphia Eagles, Parkey did the unthinkable. The Bears were down one point with less than a minute left in the fourth quarter. The only viable option was a 43 yd field goal. The kicker had made successful kicks from over 50 yds away, so why was everyone nervous? Well, as the sportscaster announced before the kick, Parkey was “the second worst kicker in the NFL”. He had missed 6 kicks so far in the season, and even more surprising, 4 of those kicks hit the field goal posts. When Parkey stepped up to kick, the stadium went quiet. Despite Parkey making the kick, the Eagles called a strategic time out before he made contact in an attempt to ice him out, and it worked. The kick hit the side post and the connecting bar before landing on the opposite side of the goal. With that, commentator Cris Collinsworth coined the cringey term “double doink”, and Parkey became the worst kicker in the NFL.

Adding insult to injury, Chicago’s Goose Island Brewery decided to set up a field goal contest, to see if anyone could make a 43 yd kick. Over 100 people entered, and luckily for Parkey, they were all unsuccessful. In the end it wasn’t all that bad for Parkey. He was the real winner of the contest, as he got to donate the $20,000 in proceeds to a charity of his choice.

2) Basketball to the Face

Giannis “the Greek Freak” Antetokounmpo and James “the One With the Beard” Harden are two of the NBA’s best. As of right now, they are the two top contenders for league MVP. In an early 2019 match-up between the Houston Rockets and the Milwaukee Bucks, Giannis made a move to take out his competition. The 6’ 11” power forward whipped the ball across the court in an attempted pass to teammate Malcolm Brogdon. Unfortunately, the pass was incomplete, as it connected with Harden’s face before making it to Brogdon. Making the play even funnier, the pass rebounded off of Harden’s head back to Giannis, who passed it to Ersan Ilyasova for a successful 3 pt shot.
3) Rich People Problems

This sports moment is unfortunately a lot less light-hearted than the previous two. Breaking news has come out in relation to college admission scammers. Rich people and D- List celebrities have been bribing and cheating their kids’ ways into prestigious colleges in a more straightforward way than usual: through sports. In an effort to guarantee admittance to these high-end colleges and universities, they bribed coaches to “recruit” their kids for athletics. In most cases, the kids were recruited for less common sports, such as sailing, or crew. Oftentimes, the kid had never even played said sport they were recruited for. Everything was a lie; their stats and experience in the sport were all fabricated. In this scandal, pretty much everyone took the L. Celebrities’ reputations were ruined, kids were exposed for getting into school through cheating, and the universities involved had to take a step back and look at the types of people they were admitting.

MY COMMITMENT TO THE NBA
By Lily Lowndes

This is a satire article.

Hello everyone. I am proud to announce that I have done the unthinkable. After spending countless hours on the court, I am now a certified member of the National Basketball Association. How did I do this, you ask? Read on to find out.

Some people may be questioning this announcement. After posting my official statement on Instagram, my comments were flooded with haters. They said really cruel things like “you weren’t even on the basketball team” or “you didn’t even do a sport this year” or “I’ve legit never seen you go in the gym”. Um, yeah right. I wasn’t on the basketball team, that much is true, but I have definitely been going to the gym. I’ve used it as a shortcut to the cafeteria many times during my four years at Memorial! As for the other allegations- no comment.

Whether you agree with my recruitment or not, you cannot deny its historic significance. I am the shortest player of all time, breaking the previous record of 5’3” by one inch. I am also obviously the coolest person to ever join the NBA, which rest assured, is a record that won’t be broken anytime soon.

With me in the mix, the ‘19-‘20 season will be the best one yet!
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430 S. Gammon Rd Madison, WI 53719
WHY NOT TO READ THE NEWS

By Maggie Di Sanza

This is a satire article.

With all of the horrific events that have happened in the past two and a half years, I am sure that we all have felt incredibly helpless when scanning through the news. Upon reading a single article title, I am reminded of the horrors that our global wellbeing faces; from climate change, to political polarization, to mass shootings, it is hard to remain positive when faced with our world’s current events. You have heard all of the emotional tips: Don’t let it control your emotions! Do your best to make change in your community! Have conversations! While this is decent advice, its powers prove useless for the majority of people. So, I have come up with a foolproof way to not let the news drag you down: just, ignore it. That’s right! You don’t need the news, it is worth little to nothing, and should have absolutely zero impact on your life! The news is literally toxic to your body! It constantly triggers the limbic system, where panic spurs the release of cortisol, which deregulates your immune system and inhibits the release of growth hormones. Your body finds itself in a state of stress, where you face the side effects of impaired digestion, lack of growth, nervousness, and susceptibility to infections. Reading the news also increases cognitive errors. The more your are faced with the realities of our world, a part of your brain shuts off for two hours - making it almost impossible to be mentally and intellectually present at your work, in classes, or any sort of social interaction. Furthermore, news is like a drug. As stories develop, we want to know how they continue and end. With hundreds of arbitrary story headlines, this craving only increases and is compellingly hard to ignore. Scientists have reported that the more news we consume, the more the 100 billion neurons inside our skulls lose connection.

Visit JMMSWORDANDSHIELD.COM for this month’s real articles!
WHY CLICKBAIT IS GOOD
By Shruti Sathish
This is a satire article.

Clickbait is all about generating traffic; and, no, not the kind on the roads! Rather, clickbait is a marketing tool frequently used by businesses and influencers, such as celebrities, YouTubers, and social media stars, to attract a greater number of visitors to their content. Through catchy titles and headlines such as "Man Attempts to Hug Lion: You Won’t Believe What Happens Next!" and “Celebrity Secrets to Perfect Skin: Click to Learn More” that spur curiosity in viewers and encourage them to “click” on the content, users are able “bait” viewers into helping them gain a larger audience. Here are five reasons why clickbait is good for those who take the bait:

1. **PROCRASTINATION:**
When you have three tests and an English paper due the next day and really don’t want to do anything school-related, binging on clickbait content is your best bet! You can convince yourself that you were ‘trying’ to stay productive, and that it was clickbait’s fault for making you lose focus.

2. **HAVE SOMETHING INTERESTING TO SHARE WITH FRIENDS:**
When you want your friends to know how cool you are—but you don’t have anything interesting going on in your life - share about the clickbait you recently viewed. But make sure to use clickbait-style language when talking about it. Instead of saying, “I watched a video where a man was supposed to hug a lion,” own up to the video’s clickbait title and say, “I watched a video where a man hugged a lion!!”

3. **INCREASED AWARENESS OF POP CULTURE:**
Sometimes, clickbait will give you insider information that even the subject it was referring to wasn’t aware of. If you read “Taylor Swift Running for Office 2020: Read to Learn More!”, be proud that you are learning this information even before Taylor Swift herself.

4. **THE ENTERTAINING COMMENTS SECTION:**
More attention-grabbing than the clickbait content itself, is viewers’ reactions to the clickbait. Scroll down to the comments section to gain exposure to the emotional whirlwind taking place. You are sure to be entertained!

5. **INSPIRATION FOR YOUR OWN CLICKBAIT:**
What better way to gain inspiration on ways to expand your audience than from other clickbait! When you learn that phrases like “you won’t believe this happened” or “click to discover the secret” capture people’s attention, you can use them to your own benefit on social media. Your next photo on Instagram can be captioned: “You won’t believe what happened: double tap to discover my secrets...”
THE BEST DIET FOR LOSING WEIGHT
By Megan Li
This is a satire article.

Keto, paleo, vegan... with new diet trends popping up right and left, it can be hard to know which diet is superior when it comes to losing weight. After all, everyone's body is different and individual genes can also affect metabolism, so there's no universal diet that works best for everyone, right? WRONG! There is one diet - and one diet only - that has been scientifically proven to help people of all body types lose weight. It may seem counterintuitive, but the number one ranked diet in the world, and the one touted by celebrities like Kendall Jenner and Gigi Hadid, is in fact the Fast Food Diet. As everyone knows, the key to losing weight is eating less calories than you burn. The Fast Food Diet is sure to help you achieve that, for ALL fast food taste like grease, salt, and sugar. If you stick to this diet for breakfast, lunch and dinner, you'll soon get bored of the monotonous flavor, and you'll find yourself eating less and less.

Within a month, you'll be consuming under 1000 calories a day which is sure to guarantee quick results!

The other way to lose weight is to burn calories, and this can be done by increasing metabolism (exercise never works). As everyone knows, fast food is loaded with unknown substances, chemicals, and preservatives to increase shelf-life and enhance taste. However, the side effect of loading the body with chemicals is more calories get burned. Thus consuming fast food will help boost metabolism and result in weight loss.

Clearly, the Fast Food Diet is a win-win when it comes to losing weight because it decreases intake of calories while increasing the rate at which the body burns calories. Furthermore, with multinational chains like McDonald's and KFC, anyone in the world can stick to this diet. Keto, paleo, and vegan? Move over for the king of diets: fast food.

FRESHMEN MUST BE BANNED
By Brynn Sailing
This is a satire article.

We’ve all thought it at some point or another: Freshmen are obtrusive, unsafe, rowdy, and altogether unnecessary for a successful and enjoyable high school career. Multiple sources have done research to prove that freshmen do nothing but clutter the hallways of high schools. Banning all freshmen from attending James Madison Memorial High School would increase the collective intelligence, age, maturity, and school spirit of the remaining student body. Freshmen are shown to be less intelligent, and commonly more vertically challenged, and generally more aggravating to the average teacher than any other grade. In addition to being dumb, freshmen create a huge physical detriment to the school’s community. The sheer volume of freshmen attending high school every year is only hurting the school by filling up 1/4th of the hallways, bathrooms, and cafeteria. One of the most inconvenient and inefficient aspects of allowing freshmen to attend high school is the way they walk in the hallways. Numerous studies have shown that freshmen walk far too slowly in the halls, and still don’t understand the proper flow of traffic.

FRESHMEN ARE AN IMPORTANT PART OF HIGH SCHOOL
By Brynn Sailing
This is a satire article.

As much as we are all aware of the deficits of having freshmen attending James Madison Memorial High School, they are necessary for a functioning, healthy school community. Without freshmen, a solid amount of teachers from each department would be out of the job, as there would be far less rowdy students to teach. Additionally, there would be much less population in each of the clubs and organizations that the school runs, ultimately resulting in less fundraising money that goes towards the student body, as well as various other communal charities. Plus, with the entire freshmen grade eradicated and banned from the school, the psychological inferiority complex would fall to the sophomores. This would eventually result in far more bullying and emotional damage, and possibly a cross-student body revolution.
SATIRE